



## Instructions for Author(s)

Manuscripts on clinical, review, experimental and historical topics pertinent to medical sciences are accepted for the publication in this journal. The papers are accepted for the publication with an understanding that they are solely submitted for this journal. The statements, comments or opinions expressed in the papers are exclusively of author(s), not of editor(s) or publisher. The manuscripts are to be prepared as described in following instructions. 3 (three) hard copies are to be submitted. Letters about potentially acceptable manuscripts will be sent after review process is complete. No manuscripts will be returned if not accepted for publication. In addition an electronic/digital version of the manuscript composed in MS word 98/2000 should be submitted in a diskette.

### Preparation of manuscripts

Manuscripts should be typewritten, double-spaced throughout (including references and tables) on one side of good quality A4 sized paper, with margins of at least 25 mm. Each component of the manuscript should begin on a new page in the sequence of title or cover page, abstract with key words, text, acknowledgement, references, tables and legends for illustrations.

### Title page will contain

- Concise and informative title of the article
- Author(s) name, highest academic degree(s).
- Name of the department(s) and institution(s).
- Address for correspondence and reprint (please include e-mail address and fax if available).

### Abstract and key words

An informative abstract not more than 250 words should briefly describe the objectives, materials and methods, results and conclusion. Number of key words should not more than ten and none that are in the title.

**Text** should contain Introduction, Materials and Methods, Results and Discussion in sequence.

### Introduction

It should briefly disclose the purpose of study. It will help the readers with the problem finding. It should be clear in nature and purpose.

### Materials and Methods

Clearly it should include materials, experimental procedures, methods etc. Mention the nomenclature, source of material, equipment with manufacturer's

details in parentheses. Describe new methods in sufficient detail indicating their limitation. Established methods should be cited with authentic references. Ethical standards should be followed in reporting experiments done in human subjects. Precisely identify the dosage and route of administration, when drugs or chemicals are used. Measurements and data should be stated in SI unit, or if SI unit does not exist, use an internationally accepted unit. Abbreviations and acronyms should be used for widely used terms and names, which occurs consistently and frequently in the manuscript.

### Results

It should be presented in logical sequence in text, tables or illustrations. Duplications of data in the tables or illustrations should be avoided. Emphasize or summarize only important observations.

### Discussion

Emphasize the new and important aspects of the study and conclusion derived from them. Detail data written in introduction and other portions of text should not be repeated. The implication of results and their limitations including suggestion for future research should be included in the discussion.

### References

Number the references consecutively in order mentioned in the text. Full list of reference should include all authors. Avoid using abstracts as references. References to paper accepted but not yet published should be designated as 'in press' or 'forthcoming'. Authors should obtain written permission to cite such papers as well as verification that they have been accepted for publication. Information from manuscripts submitted but not accepted should be cited as 'unpublished observations' with written permission from the source. Use the styles of example below, which are based on the formats used by US National Library of Medicine (NLM) in the Index Medicus. The title of journals should be abbreviated according to the style used in Index Medicus.

### Article in journal

- List all six authors when six or less  
Vega KJ, Pina I, Krevsky B. Heart transplantation in associated with an increased risk for pancreatobiliary disease. *Ann Intern Med* 1996; 124 (11): 980-3.

As an option, if a journal carries continuous pagination throughout a volume (as many journals do) the month and issue number may be omitted.

b) More than six authors

Parkin DM, Clayton D, Black RJ, Masuyer E, Friedl HP, Ivanov E, et al. Childhood leukaemia in Europe after chernobyl: 5 year follow-up. *Br J Cancer* 1996; 73:1006-12.

c) No author given

Cancer in South Africa (editorial). *S Afr Med J* 1948; 84:15

d) Organization as author

The cardiac society of Australia and New Zealand. Clinical exercise stress testing. Safely and performance guidelines. *Med J Aust* 1990; 146: 267-9.

**Books and monographs**

a) Personal author(s)

Laurence DR, Bennett PN, Brown MJ. *Clinical Pharmacology*. 8th ed. New York: Churchill Livingstone; 1997.

b) Editor(s), compiler(s) as author

Norman IJ, Redfern SJ, editors. *Mental health care for elderly people*. 5th ed. New York: Churchill Livingstone; 1999.

c) Organization as author and publisher

World Health Organization. *Ethical criteria for medical drug promotion*. Geneva: World Health Organization; 1988.

d) Chapter in a book

Phillips SJ, Whisnant JP. Hypertension and stroke. In: Laragh JH, Brenner BM, editors. *Hypertension: pathophysiology, diagnosis and management*. 2nd ed. New York: Raven Press; 1995. p 465-9.

e) Dissertation or thesis

Kaplan SJ. *Post hospital home health care: the elderly access and utilization (dissertation)*. St. Louis (MO): Washington Uni; 1995.

**Other published material**

a) Newspaper article

Lee G. Hospitalization tied to ozone pollution: study estimates 50,000 admissions annually. *The Washington post* 1996; June 21; sect. A: 3 (col. 5).

b) Dictionary and similar references

*Student's medical dictionary*. 26th ed. Baltimore: Williams and Wilkins; 1995. Apraxia; p.119-20.

**Unpublished material**

a. In press

Leshner AI. Molecular mechanisms of cocaine addiction. *N Eng J Med* (in press) 1997.

**Electronic material**

a) Journal articles in electronic format

Morse SS. Factors in the emergence of infectious diseases. *Emerg Infect Dis* [serial online] 1995 Jan-Mar [cited 1996 June 5]; 1(1): [24 screens]. Available from: URL: <http://www.cdc.gov/ncidod/EID/eid.htm>

b) Monograph in electronic format

CDI, clinical dermatology illustrated [monograph on CD-ROM]. Reeves JRT, Maibach H. CMEA Multimedia group, producers. 2nd ed. Version 2.0. San Diego: CAEA; 1995.

C) Computer files

Haemodynamics III: The ups and downs of haemodynamics [computer program]. Version 2.2. Orlando (FL): Computerized Educational Systems; 1993.

**Table(s)**

Each table should be typed on a separate sheet, brief title for each and should be numbered consecutively using Roman numbers and be cited in the consecutive order. Internal horizontal and vertical lines should not be used.

**Illustration(s)**

**[Figure(s), photograph(s) etc.]**

Figure(s) should be clear and legible. Illustration will be modified or recreated to conform to journal style. Photographs and photomicrographs should be clear and large enough to remain legible after the figure has been reduced to fit the width of a single column. The back of each figure should include the sequence number and the proper orientation (e.g.top). All illustrations should be referred to as figures numbered consecutively in the text in Arabic numerical.

**Acknowledgement** should appear at the end of the manuscripts before references.

**Review and action**

Manuscripts are usually examined by the editorial staff and are sent to outside reviewers. Author's suggestion regarding the names of possible reviewers is encouraged, but editorial board reserves the right of final selection.

**Submission**

Please send the manuscript(s) to  
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